

WIGAN WARRIORS COLLEGE

LEVEL 3 DIPLOMA IN SPORTS COACHING AND FITNESS

The Level 3 Diploma in Sports Coaching and Fitness is for practical sports people who want to work within the Sports Coaching and Fitness industry.

You will study specialist areas in Planning & Coaching Multisport Sessions, Exercise and Fitness, Nutrition and Health, Technology in Sport and more. Work experience with the Wigan Warriors Community Foundation is a big part of this course and will see you supporting qualified coaches delivering practical sport sessions in schools and the community.



START DATE - SEPTEMBER 2023

COURSE DURATION - ONE ACADEMIC YEAR

**ENTRY REQUIREMENTS - 4 GCSE – GRADES 4-9 OR
WARRIORS LEVEL 2 SPORT**

**PROGRESSION IN YEAR 2 - EMPLOYMENT OR
WARRIORS LEVEL 3 BTEC SPORT**

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